# Rota Pattern: Haliwell and Farnworth

32 waking hours per week plus 92 sleeps per year (post holder required to complete day, sleeps and late shifts)

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| Day | Total Working Hours | Sleep Shift |
| Day 1 | 8:00am – 5:00pm |  |
| Day 2 | 8:00am – 5:00pm |  |
| Night 1 | 4:00pm – 9:00am | 12:00am (midnight) – 7:30am/8:30am |
| Night 2 | 4:00pm – 9:00am | 12:00am (midnight) – 7:30am/8:30am |

Sleep in shift is generally from midnight until 7:30am or 8:30am, with the shift then ending at 9:00am.